

Shutesbury Elementary School Lunch Menu *all meals served with soup, salad, fruit, vegetables and milk*
October 2015

Monday	Tuesday	Wednesday	Thursday 10/1 Taco Salad with Corn Chips and Cheddar Gluten Free	Friday 10/2 Cheeseburger Pizza, Veggie Pizza or Cheese Pizza Gluten Free Available
10/5 Penne Primavera with Broccoli and Cheese Sauce Garlic Bread Gluten Free Available	10/6 Chef's Choice Vegetarian Options Gluten Free Available	10/7 Chicken Stir Fry with Brown Rice and Sauce or Veggie Stir Fry Gluten Free Available	10/8 Chicken Caesar Salad with Croutons Gluten Free	10/9 Chicken Parmesan Pizza, Veggie Pizza or Cheese Pizza Gluten Free Available
10/12 No School	10/13 Chicken Fried Rice with Egg Rolls or Veggie Fried Rice Gluten Free without egg rolls	10/14 Cheeseburgers with Oven Fries or Black Bean Burgers Gluten Free Available	10/15 Meatball Calzone Pie with Penne and Vegetables or Spinach Cheese Calzone Pie	10/16 Bar-B-Que Chicken, Bacon Ranch Pizza,, Veggie Pizza or Cheese Pizza Gluten Free Available
10/19 Spaghetti with Meatballs and Vegetables or Spaghetti with Vegetables, Butter and Parmesan Gluten Free Available	10/20 Nacho Bar with Spanish Rice, Toppings and Vegetables Gluten Free	10/21 Grilled Cheese with Cream of Tomato Soup Gluten Free Available	10/22 Louisiana Meatloaf with Mashed Potatoes and Vegetables or Lentil Sunflower Burgers Gluten Free	10/23 No School Gluten Free Available
10/26 Baked Macaroni and Cheese with Vegetables Gluten Free Available	10/27 Chicken Burritos with Brown Rice and Vegetables or Bean Burritos Gluten Free Available	10/28 Cheeseburgers with Oven Fries and Vegetables or Black Bean Burgers Gluten Free Available	10/29 Pulled Pork Sliders with Baked Beans and Coleslaw or Bar-B-Que Tofu Sliders Gluten Free Available	10/30 Meatball Pizza, Veggie Pizza or Cheese Pizza Gluten Free Available

All menus subject to change without notice.